

Can This Breakthrough Red Wine Discovery Help You Beat Heart Problems and Live 42 Percent Longer... *Even if You're Overweight?*

Harvard Med, Johns Hopkins and UC Davis Medical Research Results All Say YES!

Studies from researchers at some of the country's most prestigious medical schools report that a **potent molecule discovered in red wine actually sweeps extra fats out of your digestive tract to avoid serious consequences of a high-fat, calorie-packed diet.**

Scientists found that even if you're overweight, this fat-flushing red wine discovery protects your heart, arteries, and immunity—*without really dieting or losing a pound!*

It literally fools your genes!

Amazingly, researchers at Harvard University Medical School found that the molecule of resveratrol mimics calorie restriction in laboratory studies. Scientists believe that red wine extract *fools the body into thinking it's being deprived of food...* and this actually switches on the genes that repair DNA and helps you avoid being punished by a higher-fat diet.¹

By moving these extra fats out of your body, your body doesn't stand a chance at storing them on your hips... or having them cling to the insides of your arteries!

The French have relied on it for years... and they live longer than anyone on earth!

Until now, scientists could never explain how, incredibly, people who live in the wine-growing regions of

France **live 42 percent longer** and experience **fewer cardiovascular problems** than anyone on earth!²

Back in 1991, the acclaimed CBS show, *60 Minutes*, reported on the phenomenon known as "The French Paradox." This is the counterintuitive theory that a French diet of cheese, chocolate, pastries, rich sauces and red wine could be associated with IMPROVED cardiovascular health!

Despite being notorious for eating lavish, high-fat meals and smoking like chimneys, they found that the French have a mysterious secret weapon when it comes to combating cholesterol, heart problems, high blood pressure, unhealthy triglycerides, and immune deficiencies: *They drink red wine!*

Now here's the real medical breakthrough...

Scientists found a way to give you the same health benefits from red wine —**without drinking a drop!** No calories, no alcohol and no sugar, either!

Based on research from doctors at Harvard University, Johns Hopkins and UC Davis Medical Schools, *scientists have isolated the most potent...*

(continued inside on page 3...)

**Guaranteed to Work For
You—Like It's Done for
the French for Centuries—
Or Your Money Back!
See page 18 inside...**

¹Ursini F, Sevanian A. "Wine Polyphenols and Optimal Nutrition." *Ann NY Acad Sci* 2002 May; 957:200-209.

²Recent Studies Indicate that the Flavonoids in Red Wine Have Many Beneficial Effects on the Cardiovascular System, <http://www.smart>

INSIDE:

The simple FRENCH “FAT-FLUSHING” SECRET...

that gives you a healthier heart and circulation, strong immunity, a slim body, and a vibrant, healthy mind *for years to come!*PAGE 3

Why it’s okay to **EAT DELICIOUS FOODS** again!PAGE 8

The all-natural **MEMORY COCKTAIL** that keeps you thinking sharp and more clearlyPAGE 10

PLUS...

Take JUST ONE CAPLET A DAY of this natural breakthrough for:

Safe **BLOOD PRESSURE LEVELS**PAGE 4

Better **HEART AND ARTERY HEALTH** ...PAGE 4

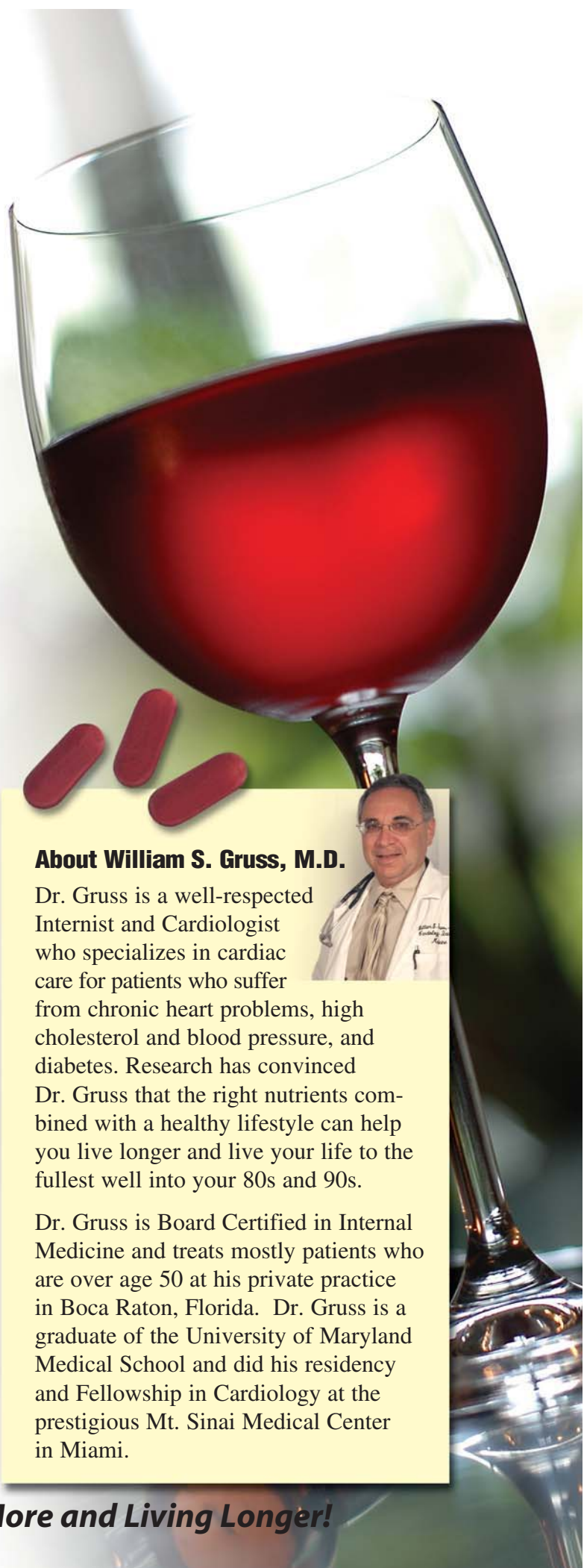
Normal **CHOLESTEROL LEVELS**PAGE 6

Stronger **IMMUNITY**PAGE 10

More **BRAIN POWER AS YOU AGE**PAGE 10



Send for your FREE copies of these Special Reports now ...see page 14 to get yours while supplies last!



About William S. Gruss, M.D.

Dr. Gruss is a well-respected Internist and Cardiologist who specializes in cardiac care for patients who suffer from chronic heart problems, high cholesterol and blood pressure, and diabetes. Research has convinced Dr. Gruss that the right nutrients combined with a healthy lifestyle can help you live longer and live your life to the fullest well into your 80s and 90s.

Dr. Gruss is Board Certified in Internal Medicine and treats mostly patients who are over age 50 at his private practice in Boca Raton, Florida. Dr. Gruss is a graduate of the University of Maryland Medical School and did his residency and Fellowship in Cardiology at the prestigious Mt. Sinai Medical Center in Miami.

2 Get the Red Wine Secret to Eating More and Living Longer!

Get all of the Amazing Heart, Artery and Cholesterol Benefits from 50 Bottles of Red Wine!

Harvard, Johns Hopkins, and UC Davis Medical School researchers prove that this red wine secret lets you...

be your absolute healthiest and still eat all the foods you love!

(continued from front cover story...)

...life-enhancing nutrient inside the red wine grape skin: It's called *resveratrol*, but is commonly known as red wine extract.

In fact, resveratrol is so potent that it is...

- ✓ **20 TIMES MORE POWERFUL than vitamin C, and...**
- ✓ **50 TIMES MORE POWERFUL than vitamin E!**³

What's even more amazing is that they've taken the most potent part of resveratrol—Elemental Resveratrol—from *50 bottles of*

red wine and put 100mg of it into a one-a-day caplet!

This is a huge medical advance because nobody could possibly drink 50 bottles of red wine to get all 100mg of Elemental Resveratrol. Just one caplet a day gives you all of the super antioxidant power you need to **maintain a healthy heart by:**

- preserving strong arteries
- promoting normal cholesterol levels

- getting rid of extra fats in your digestive tract that build up
- revitalizing your circulation
- keeping homocysteine levels in a safe range
- improving blood flow
- maintaining healthy blood pressure levels

Plus, the super antioxidant power **boosts your immune system** to a greater performance level and **protects your brain** from the early affects of aging. Some research shows it may even

Next page, please...

Call Toll-Free 1-866-482-6678

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³ Chanvitayapongs S, Draczynska-Lusiak B, Sun AY. Amelioration of oxidative stress by antioxidants and resveratrol in PC12 cells. Neuroreport8:1499-1502, 1997.

help you **maintain a healthy weight** and promote **smoother, younger-looking skin** and a **slimmer body**, too!

Just think of how nice it will be to do all that for your body with one caplet, knowing that...

Now you eat what you like and not pay for it later!

Now YOU can take red wine extract in just one small caplet a day—and still eat well! **Go**

“It’s shocking to see formulas that have as little as TWO milligrams of red wine extract in them—that’s a major rip-off.”

and antioxidants can do...or even just plain red wine extract!

The key is to get the right kind of red wine extract with the highest number of OPCs

To get all of the maximum benefits, you must use only the very finest quality of red wine extract in the highest amount possible.

You see, red wine extract contains very powerful bioflavonoids called oligomeric proanthocyanadins—or OPCs. OPCs fight free radicals that cause accelerated aging and are crucial for supporting healthy circulation and strengthening capillaries. And they do this better than any other antioxidants.

But you need a high concentration of OPCs in your body to get the full benefit!

So the higher the percentage

back to enjoying good foods that have literally disappeared from American dinner tables over the last ten or twenty years, like a good hearty steak, a roast beef dinner with gravy, cheesy potatoes and creamy soups, bread with real butter, and even desserts!

You can enjoy yourself at the table once again when you get the most powerful red wine extract breakthrough working in your body. It can *take your health far beyond what ordinary vitamins*



Reduce Your Blood Pressure With Red Wine! **UC Davis Med School Researchers show that resveratrol does the job!**

If you're worried about maintaining healthy blood pressure levels, then you should be very interested in resveratrol. That's because first and foremost, red wine extract is a vasodilator—which means it opens up your arteries and capillaries to rush more blood and oxygen to your organs.

When you take red wine extract, you give your arteries, capillaries, veins and heart great circulatory support—without the headache or dizziness! Red wine extract supports strong blood vessels by strengthening their walls. It also keeps damaged, stretched or stiff blood vessels from leaking. This all helps regulate

blood flow and pressure, so that oxygen-carrying blood is delivered to your tissues and organs.⁴

The first human study with resveratrol conducted by UC Davis Med School researchers shows that resveratrol reduced blood pressure. And the higher study participant's LDL level, the greater drop they experienced!

⁴Folkers, K., et al., Journal of Optimal Nutrition, 1993; 2(4): 264-74.



of OPCs you take, the more of the active ingredient you get AND the more powerful free-radical neutralizers you get working in your body.

The highest amount of OPCs are found in red wine. They are also found in most berries, turmeric, apples and even chocolate...but they are highest in red wine.

Many commercial products use rice powders that are diluted with inferior OPCs. This leads to inconsistencies and poor quality that just can't deliver the antioxidant power you need.

Most brands contain about five to 15 percent OPCs at best. Some I've found have only a disgraceful TWO PERCENT, but...

Here's the most advanced red wine formula I've ever found to give you the highest OPC levels:

It's called *Revatrol* and it has a **95 percent OPC level**—that's the highest I've found for total body protection.

Revatrol was created by a team of scientists who've been studying the effects of resveratrol for years. It's unique because *Revatrol* combines 100mg of Elemental Resveratrol with a proprietary whole red wine grape complex taken from the grape skin, seed and leaf extracts.

This formula is the only red wine extract combo I know of that packs the most antioxidant and immune power to actually

"To get Elemental Resveratrol, the extract has to come from the Polygonum Cuspidatum Root Extract... others just can't give you the same potency like Revatrol!"



put the life back into your cells. *It literally rejuvenates every cell in your body from head-to-toe.*

Revatrol sends super protection and higher nutritional support to your brain, immune system, digestive tract, heart and arteries. These are the main systems that are critical to keep young and vital as you age...and even help you live LONGER!

There's nothing better to keep your whole body strong as you age. Nothing!

Each caplet has the power of 50 bottles of red wine!

Obviously, you could never actually drink 50 bottles of red wine a day, but your body needs

Next page, please...

Before you rush out to buy this precious nutrient, here's how to make sure you're getting true, Elemental Resveratrol...

If you're going to take red wine extract, you've got to take the maximum amount of the highest quality you can get for optimal results. That's because most of the red wine extract formulas out there *don't give you what they promise!*

Most brands give you only 20mg or so of red wine extract. Some even go as low as 5mg! That's not going to do much of anything to give you the results you're looking

for. *Revatrol* has a 95% OPC content, making it the highest one available. That's because we use only the most potent part of the grape skin from the **Polygonum Cuspidatum Root Extract**. If it doesn't say this on the label...*don't buy it!* **Or better yet, call 1-866-482-6678 and order the real thing today: Revatrol.** See page 19 for the lowest price-per box available!

all of the Elemental Resveratrol found in 50 bottles just the same! That's why our chemists and doctors found a way to take the miniscule active ingredient from the grape skin and preserve 100mg of it into a caplet.

The red wine extract in **Revatrol** is from the Polygonum Cuspidatum Root Extract—the most powerful available and the only one that can give you 100mg of true, Elemental Resveratrol.

Other red wine formulas claim to contain 100% resveratrol, but they aren't giving you Elemental Resveratrol from the Polygonum Cuspidatum Root. You see, most use a form of the grape called *trans*-resveratrol. When the *trans*-resveratrol is expressed, it gives you only a

“When studies show that red wine extract is 50 times more powerful than vitamin E and 20 times more powerful than vitamin C... you just can't ignore it!”



percentage of the powerful ingredient. It's just not the same potency!

Revatrol has four other major advantages, too:

1. **NO alcohol** that can harm your liver and kidneys
2. **NO sugars** that can raise your triglycerides and put your heart at risk
3. **NO calories or carbs** you get from drinking wine or grape juice
4. **And NO side effects** like headaches, dizziness or dehydration that comes from drinking wine

So you can see that red wine extract can do MORE for your body than just give you superior heart protection...BUT...

Overweight and Worried About Your Heart and Arteries?

Here's some good news you probably won't get at your doctor's office:

The OPCs in **Revatrol** are very effective at preventing the oxidation of fatty foods after meals. Because much of our oxidative stress occurs after we have a nice high-fat meal, red wine's unique ability to prevent fat oxidation during digestion is an amazing boost to your cardiovascular system.⁵

One study shows that the French and the Italians—who drink red wine with almost every meal—have fewer heart problems than Finnish or Irish people *who typically have LOWER-FAT diets and drink very little red wine.*⁶

Forget about the fat-free cookies, turkey salami, and waxy, tasteless salads. Now you can relax and enjoy the pleasure of food again... once you put **Revatrol** to work for you.

⁵Ursini F, Sevarian A. Wine Polyphenols and Optimal Nutrition. Ann NY Acad Sci 2002 May;957:200-209

⁶Troup (G.J.), Hutton (D.R.), Hewitt (D.G.), Hunter (C.R.), 1994. —Free radicals in red wine but not in white. Free Radic Res. 20, 63-68.



Look what else Revatrol can do that ordinary red wine extracts can't...

This red wine extract formula is so packed with OPCs and high-powered antioxidants that it also helps you:

- Fight constant **FATIGUE** by helping you feel more **energized and vibrant**
- Fight continuous **COLDS** and **FLU** by **stamping out toxic invaders** that bring you down and make you sick
- Fight **LIVER OVERLOAD** by **easing its heavy workload**
- Fight **MEMORY LOSS** by feeding your brain the nutrients it needs to **stay sharp and think clearly**
- Fight **SAGGING, AGING SKIN** by squashing free radicals to **keep your skin looking firm, fresh and vibrant**
- Fight **OXIDATION OF FATS IN YOUR DIGESTIVE TRACT**

You Get TRIPLE protection from the three most powerful antioxidants on earth

Scientists have also found that when acetyl-L-carnitine, alpha-lipoic-acid, and quercetin are combined with red wine extract, free radicals don't stand a chance! It attacks, destroys and cleans out the most dangerous free radicals!

Unlike any other red wine extract formula on the market, **Revatrol** ALSO gives you:

✓ **Alpha lipoic acid, one of nature's most versatile**

"People tell me they feel a real difference in their energy and vitality once they get these three super antioxidants working in their body!"



antioxidants with two important jobs: First it *neutralizes free radicals* to protect your brain, eye-sight, liver and overall energy level. Alpha lipoic acid is a key brain protector because it is BOTH water and fat soluble, so it can get to all places in the body, including your brain—where it can protect you from a free radical attack.

Second, alpha lipoic acid helps you maintain good vision and a healthy liver because it helps your body recycle glutathione—an important antioxidant made naturally in your body. Since glutathione is produced in your liver, supplementing with alpha lipoic acid actually eases your liver's heavy workload!

Alpha lipoic acid also *rejuvenates exhausted antioxidants*

Next page, please...

If you want guaranteed value at the best price...

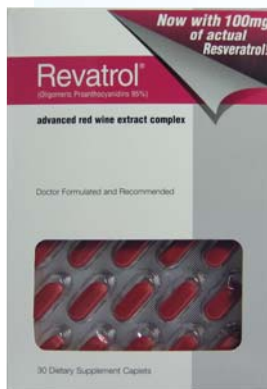
Revatrol gives you MORE

...for the same price as ordinary red wine extract!

Why pay the same or more for red wine extract that has FEWER milligrams of resveratrol with a lower amount of OPCs?

Revatrol gives you 100mg of a proprietary Red Wine Extract blend plus 100mg of Essential Resveratrol—the highest amount of any formula out there. And it has the highest OPC rating of 95 percent! Plus you get these three extra "booster" antioxidants, alpha-lipoic-acid, quercetin, and acetyl-l-carnitine to give you even MORE anti-aging defenses.

All-in-all, you get the most for your money... and with the 100 percent money back guarantee you can be sure you never risk a penny for trying it. Call 1-866-482-6678 or turn to page 19 now to get the best price per box—it's *like getting a one-month supply for FREE!*



Get passionate about eating delicious FOOD again!

We Americans love our food! But even doctors know that it's tough to stay healthy when you're faced with strict, boring diets! That's where **Revatrol** can put the FUN back in your life...

Now you can eat many of the foods you love and stay healthy and fit—just like the French enjoy their cheese, pates, pastries and desserts! You don't have to worry anymore because the free radical scrubbing nutrients in **Revatrol** go to work daily deep inside your cells to stamp out these health-destroying creatures. So enjoy your food—and enjoy living healthier and happier! You can relax knowing that **Revatrol** is on the job 24 hours a day!



like vitamins E and C, and coenzyme Q10. For example, alpha lipoic acid replenishes vitamin E as it is used up fighting free radicals oxidizing LDL bad cholesterol. Once replenished, the vitamin E can get back to doing its job to squash free radicals⁷.

It's like having a constant supply of reinforcement soldiers that are always ready and able to take over so there's a fresh fighting force!

It has also been shown to improve blood flow to peripheral nerves and stimulate the regeneration of new nerve fibers—this is important for people who have to constantly worry about the side effects of unbalanced blood sugar levels.

✓ **Acetyl-L-Carnitine helps your heart and brain by transporting fats** into the “engine” powerhouse of each cell—your mitochondria—where the fat is burned for energy. This natural energy keeps your body moving and your heart pumping strong. Simply put... you can't burn fat without it!

Acetyl-L-Carnitine also has potent antioxidant activity. Several gold standard studies show that it helps people who've had strokes, advanced memory and cognitive loss.

For instance, a double-blind placebo study was done on 130 patients with advanced cognitive problems. It followed their progress or deterioration for a year straight. At the end of the year, there was a statistically

significant difference in how these patients scored on their logical intelligence, long-term verbal memory and attention.⁸

Another double blind placebo study showed that acetyl-L-carnitine can help support good concentration and attention.⁹

Revatrol works right away to attack, destroy and clean out the most dangerous free radicals in your body right at the places where it all starts—in your cells!

To see what's happening to your cells every day...peel an apple!

If you peel an apple...it turns a moldy brown color, right? That's called oxidation—and you see it in your body when free radicals cause premature aging by wrinkling skin, hardening arteries, stiffening joints or forming cataracts. The same thing happens when you see paint colors fade on the wall or rubber tires get old and hard...and that's what's happening inside your cells right now!

Your cells constantly suffer the negative effects of free radicals from: pollution in the air, food additives, high-fat diets, sodas and processed foods, smoking, infections, and even emotional stress!

Free radicals multiply by attacking the mitochondria of your cells—which are the center “engine rooms.” They are at the root cause of many health concerns.

⁷Sinatra, ST, DeMarco J. Free radicals, oxidative stress, oxidized low-density lipoproteins (LDL) and the heart: antioxidants and other strategies to limit cardiovascular damage. *Conn Medicine*, 1995;59:579-588.

⁸Physician's Desk Reference for Nutritional Supplements, 1st edition 2001.

⁹Ibid.

Free radicals are actually “mutant” molecules that are missing a part—actually a neutron or a proton—so they attack and try to grab a part from another healthy molecule to make themselves whole. What’s frightening is that as they keep attacking healthy molecules, they create a continuous chain of “free radicals.” This kind of domino effect in your body happens every day.

Your only choice is to neutralize as many free radicals as possible

Especially those in your heart

and brain because they contain the most mitochondria. Toxins in our foods, cosmetics, cleaners and even tap water can speed up the aging process. It can make you look and feel older than you really are!

And that’s where *Revatrol* comes to the rescue. The three powerhouse antioxidants in this breakthrough discovery work together at the cellular level to reverse aging of your DNA, which is your very life source.

All this in just ONE CAPLET A DAY

One thing you’ll love about *Revatrol* is that you only have to take one caplet per day. So no more handfuls of horse pills, no timing to worry about. *You just take one in the morning and you’re covered for the day!*

Revatrol comes to you in sealed, foil blister packs—not in a bottle—to protect it from moisture and keep it from oxidizing, which weaken the potency. You can be sure that when it says 100 mg on our label, you can be sure that you are really getting 100mg of Elemental Resveratrol!

If you’re tired of buying bottle

Continued on page 13.

See the value for yourself...

Only *Revatrol* gives you the HIGHEST potency and quality!

Brand Name	Red Wine Extract	OPC Level	Essential Resveratrol ¹	Alpha Lipoic Acid	Acetyl.-L-Carnitine	Quercetin
<i>Revatrol</i> [™]	100mg	95%	100mg	100mg	100mg	100mg
Longevinex [™]	100 mg	15%	NA	None!	None!	None!
French Paradox—Arkopharma [™] (seed/skin combo)	250mg	2%	None!	None!	None!	None!
Doctor’s Best Best French [™] Grape Extract (seed/skin combo)	60mg	NA	NA	None!	None!	None!
Veriuni Red Wine Extract [™]	50mg	NA	NA	None!	None!	None!
Red Wine Extract/Natural Elixir [™]	200mg	NA	NA	None!	None!	None!
Resvert [™]	25mg	NA	25mg	None!	None!	100mg
Red Wine Plus/NAC Vitamin Co [™]	NA	NA	NA	None!	None!	None!

NA = Not available, * Information based on websites of these products, **Resvert contains 100mg of Proanthocyanadins, ***Longevinex contains 25mg Rice Bean Extract (phytic acid), 100mg lecithin, and gelatin, ¹Elemental content

There’s no question about it—*Revatrol* gives you the most power for your money. Call 1-866-482-6678 or turn to page 19 now to get the best price per box.

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Revatrol Protects You From Head to Toe!

Get the power of true, *Elemental Resveratrol* and the highest OPC levels—95%—working for you!

Just look at all that **ONE CAPLET A DAY** of *Revatrol* can do for you:

Healthy heart, arteries and normal cholesterol levels.

Resveratrol has been shown to help reduce blood stickiness or clumping, help improve circulation and inhibit the oxidation of LDL “bad” cholesterol that can threaten your arteries and heart health.¹⁰ This is critical because free radicals attack and tear away at your artery walls and slow circulation. Red wine extract also helps prevent the oxidation of HDL “good” cholesterol – when it oxidizes, it becomes LDL “bad” cholesterol. The OPCs make it harder for cholesterol deposits to stick to your vascular walls. It also works with other antioxidants to eliminate extra cholesterol, helping you to naturally monitor healthy cholesterol levels.

Red wine promotes proper blood flow throughout the body, and has been shown to promote healthy homocysteine levels.¹¹ With *Revatrol*, you can worry a lot less!

Fortifies your immunity by fighting free radicals.

When other systems in your body are weak, your immunity really takes a beating. That’s because when your cells are weak, your immune system goes into overdrive. It gets worn down because it’s overworked supporting all of these other functions, so you’re more susceptible to illness.

Resveratrol gives you a seasonal advantage and protects you from colds, flu bugs and infections that can bring you down. Red wine extract is also a great defense mechanism against fungi, other toxins that are often at the root of immune problems.

For example, scientists studied the health of 4,272 faculty and staff members of five Spanish universities to see if their wine, beer or spirits intake was associated with risk of the common cold. They found that those who drank red wine had a lower risk of getting the common cold—whereas other alcohol consumption had no advantageous effect.¹²

Medical results like these are a major reason to rely on *Revatrol* to keep you going when your immune system is constantly under fire.

Flushes unwanted fats out of your digestive tract.

OPCs in *Revatrol* are very effective at preventing the oxidation of fatty foods after meals. Because much of our oxidative stress occurs after we have a nice high-fat meal, red wine’s unique ability to prevent fat oxidation during digestion is an amazing boost to your cardiovascular system.¹³

One study shows that the French and the Italians—who drink red wine with almost every meal—have fewer heart problems than Finnish or Irish people who typically have LOWER-FAT diets and drink very little red wine.¹⁴

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Brain and memory protection.

Your brain is over 90% fat—and free radicals love fat! When they go after your brain you experience the symptoms of aging rapidly. You begin to forget names, appointments and details to stories or directions to familiar places. The free radical neutralizers in acetyl-L-carnitine and alpha lipoic acid are a virtual “memory cocktail” for your brain. **Revatrol** keeps your thinking clear and focused every day!

Maintains healthy veins, circulation and blood pressure.

Red wine extract supports strong blood vessels by strengthening their walls and acting as a vasodilator to open up your arteries and capillaries. It also keeps damaged, stretched or stiff blood vessels from leaking. This all helps regulate blood flow and pressure, so that oxygen-carrying blood is delivered to your tissues and organs.¹⁵

The nutrients in **Revatrol** work together to keep your blood pressure at normal, safe levels. It also helps support normal blood clotting by keeping your blood at the right consistency and flowing freely.¹⁶

Keeps skin looking young, tight, and fresh.

Free radicals go after your skin and this is the first place you notice the premature signs of aging. **Revatrol** has the highest amount of OPCs, which keep your skin healthy and youthful in appearance. It does this by protecting the collagen and elastin in your skin.

It's comforting to know that something this powerful is also so gentle and nourishing to your delicate skin, giving you softer hands, fewer facial lines, and a clearer, smoother, more glowing complexion.

Get started today!

**Turn to page 19 now
to order *Revatrol* at
the lowest price per box!**

**Or call 1-866-482-6678
for faster delivery!**



¹⁰Chanvitayapongs S, Draczynska-Lusiak B, Sun AY. Amelioration of oxidative stress by antioxidants and resveratrol in PC12 cells.

¹¹Olszewski, A.J.; et al. "Reduction of Plasma Lipid and Homocysteine levels by Pyridoxine, Folate, Cobalamin, Choline, Riboflavin, and Troxerutin in Atherosclerosis." *Atherosclerosis* 75 no. 1 (Jan, 1989): 1-6.

¹²B Takkouche, C RegueriraMendez, R Garcia Closas, A Figueriras, JJ GestalOtero, MA Hernan, Intake of wine, beer and spirits and the risk of clinical common cold, *Amer Journ of Epidem*, 2002, 155 (9): 853-858. *Neuroreport*8:1499-1502, 1997.

¹³Ursini F, Sevanian A. "Wine Polyphenols and Optimal Nutrition." *Ann N Y Acad Sci* 2002 May;957:200-209.

¹⁴Troup (G.J.), Hutton (D.R.), Hewitt (D.G.), Hunter (C.R.), 1994. – Free radicals in red wine but not in white. *Free Radic Res.* 20, 63-68.

¹⁵Folkers, K., et al., *Journal of Optimal Nutrition*, 1993; 2(4): 264-74.

¹⁶Demrow H.S., Slane P.R. & Folts J.D. Administration of wine and grape juice inhibits in vivo platelet activity and thromboses in stenosed canine coronary arteries. *Circulation*; 91(4): 1182-1188, 1995.

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Continued from page 9.

after bottle of nutrients that don't give you the results you want, then I urge you to give **Revatrol** a try.

Now please let me tell you how to get **Revatrol** at a really good discount price and...

I'll send you a FREE special report for trying it



FREE Special Report
(Worth \$6.95)!

When you place your order for a one-month supply of **Revatrol** for just \$39.95, you'll also receive a FREE Special Report called **The Magic of Red Wine**. This Special Report—based on the *CBS 60 Minutes* story that first broke the French Paradox red wine discovery—is worth \$6.95, but you get it FREE.

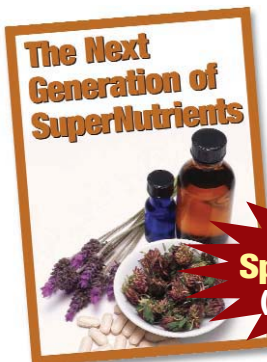
The Magic of Red Wine unlocks the secret of resveratrol in greater detail and compares red wine extract brands for quality and potency. You'll also learn healthy and delightful ways to incorporate red wine extract...and red wine itself...into your healthier new life. You'll learn things like what countries to buy wines from...and what other food sources contain powerful OPCs.

If you're intrigued at all by how the French manage to live longer and live better than the rest of the world—without even trying—then you'll really want to read this Special Report. Overall,

that's a combined value of \$61.90 for only \$39.95!

Or if you are serious about enjoying the true, long-term benefits of **Revatrol**, then I recommend you...

Try a three-month supply for a greater discount... and get two FREE gifts!



FREE Special Report
(Worth \$6.95)!

If you're ready to give red wine extract a try, I strongly suggest you order a three-month supply—you'll get a much better discount on **Revatrol** that way. A three-month supply of **Revatrol** is just \$99.95. This discount saves you \$64.90 off the regular price, plus you'll have enough supply on hand to keep you from running out for a while.

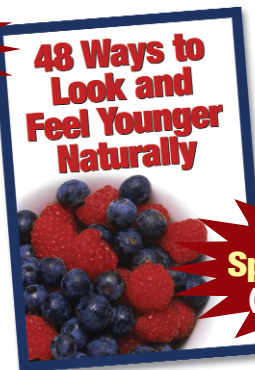
By staying on **Revatrol** for a longer period of time, you'll start to feel the lasting benefits that a high-powered red wine extract complex has to give you.

Plus, with your three-month supply, you'll get a very important Special Report FREE: **The Next Generation of Super Nutrients**. This Special Report names the most recent, cutting-edge findings in the natural supplement world... and how to take them. Many of these nutrients are ones you've probably never heard of and *may not for years to come until the mainstream catches on to them!*

In *The Next Generation of Super Nutrients*, you'll learn more about other potent antioxidants, what's safe to take for pain, and what to do now that many antibiotics don't seem to be working anymore. Even if you're a long-time supplement buyer and user, I guarantee you'll find the next big breakthrough in this report.

Now here's the very best discount you can get...

The lowest price per box—it's like getting a box FREE! Plus three FREE gifts!



FREE Special Report
(Worth \$6.95)!

If you're the kind of person who likes to get the *best bargain* on a high-quality product, you'll appreciate this discount: You can get the lowest price-per-box on **Revatrol** when you order a six-month supply for just \$179.95. That's a savings of \$149.95 off the regular price!

Let me tell you the best three reasons to order the six-month supply:

1. You get the very best discount and save extra on shipping and handling by buying it all at once...
2. You don't have the hassle of re-ordering for quite a while... and...
3. You may have a spouse or a friend you will want to try red

wine extract and this is the best way to get a deal on it for *both* of you.


And, with your six-month supply of *Revatrol* you'll also receive both of the Special Reports I named above, plus an important third one: *48 Ways to Look and Feel Younger Naturally*.

This special report gives you all of the best natural secrets I've collected from all over the world to help you keep your youthful appearance. You get 48 of the best natural remedies including skin tricks, natural facials, age spot removers, wrinkle smoothers, weight loss secrets, detoxing discoveries, memory boosting games, sex life enhancers, hormone helpers, all kinds of natural pain remedies and more!

All 48 of these discoveries are natural and simple to do. And you'll love the results!

Here's an *extra* way to save some money on *Revatrol*, too...

Get FREE shipping by ordering in the next 7 days



If you want to save some extra money, please order your *Revatrol* in the next seven days—that way you can get FREE shipping and handling. You *pay nothing* to have this life-giving formula shipped directly to your house!

But you must order in the next 7 days to enjoy this extra free gift, so please don't put off ordering.

Now that you know all about the French fat-flushing secret in red wine extract, plus all of the remarkable brain protection and immune

boosting benefits you get only in *Revatrol*, let me assure you this:

If *Revatrol* isn't for you, you'll get every single penny back.

Your decision to try *Revatrol* is entirely risk-free. You are protected by our **100 percent money-back guarantee**.

If you're ever dissatisfied with *Revatrol*, for any reason, just send it back to us. Any time—even if you've opened the box and are down to the last caplet! Every penny you paid will be promptly returned, with no questions asked.

And as a thank you for trying *Revatrol*, all of the FREE Special Reports are yours to keep. They're yours even if you return your supply of *Revatrol*!

Now, if all of the study results...all of the FREE gifts...all of the discount pricing...and a lifetime satisfaction guarantee aren't enough to convince you to try *Revatrol*, then let me ask you this:

Why should the French have all the fun?

Do you really want to spend the rest of your life eating dry fat-free muffins, turkey burgers and bland salads?

When you go out to eat, wouldn't you rather enjoy a great meal prepared with delicious sauces and topped off with luscious dessert? *I know I would!*

Let me tell you this: You CAN indulge once again—and still safeguard your health. With the help of *Revatrol* flooding every cell of your body with free-radical fighting soldiers every day, you can start enjoying all of the good things in life

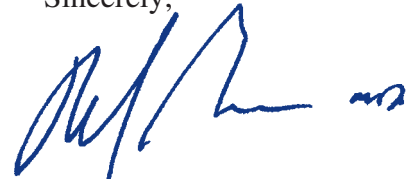
again...and not worry about it later.

I urge now you to steal this French health secret! So many others are doing it...and are freely enjoying the "guilty pleasures" of their past again.

You have the power to protect and nourish both your mental and physical health for decades to come. Thanks to the remarkable natural antioxidant breakthrough, you can live your life to the fullest with vim and vigor.

Order your *Revatrol* today by turning to page 19 now or call the convenient toll-free number, 1-866-482-6678 to get your supply even faster.

Sincerely,



William S. Gruss, M.D.

P.S.—To really boost your results, doctors who've studied this latest red wine extract discovery say it's perfectly safe and very effective to take up to four caplets a day. This is something to consider if you're worried about weak immunity or high cholesterol or blood pressure levels. If this is the case, you may want to order it at the lowest price per box so you can increase your daily dose—see page 19 for the absolute best savings.

P.P.S.—If you want free shipping, please call in the next seven days to reserve your supply. Even the call is free! Dial 1-866-482-6678 or use the order form on page 19 and make sure you check the "free shipping" box!

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Call Toll-Free 1-866-482-6678

Let Me Send You This FREE GIFT

...Along With Your One-Month Supply of This Remarkable French Red Wine Secret with the Highest OPCs!

Our GOOD DISCOUNT on *Revatrol* is only \$39.95, plus shipping and handling—regularly \$5.95—but it's FREE if you order in the next 7 days!

In this Special Report, you'll learn everything there is to know about red wine, red wine extract, and how the French use it to stay healthy and young looking well into their later years. You'll discover:

■ **How to pick the right wines** in restaurants and stores—for health and for flavor!

■ **Wine is just grape juice...** so you can get the same benefits from drinking grape juice, right? WRONG! Red wine contains this nutrient that no other juice or wine does for your heart and your brain.

■ **Best wines for cooking...**

leave the sherry in the cupboard!

■ **The truth about white wines.** You'll be surprised to know the difference is more than just taste.

■ **Before you buy any red wine extract product,** you should know what preserves—and ruins—the precious nutrients! Don't be fooled by cheap imitators.

■ **The true story of the French Paradox secret.** Learn how it was discovered by scientists who loved to eat!

■ **And so much more!**



A one-month supply includes:

- ✓ One box of *Revatrol* caplets (a one-month supply)
- ✓ **PLUS FREE GIFT #1:** *The Magic of Red Wine* (valued at \$6.95)

ONE caplet a day is all you need!

No more gulping down a bunch of pills like you have to with a lot of other natural supplements. With *Revatrol* you only need to take ONE caplet a day. Because it's a caplet—not a tablet—it's easier to swallow, too! So just take one per day and forget about it for the rest of the day. It feels great to know that when it comes to your health—you're COVERED!

One caplet of *Revatrol* gives you:



Red Wine Extract.....	100mg
Essential Resveratrol	100mg
Acetyl-L-Carnitine	100mg
Quercetin	100mg
Alpha Lipoic Acid	100mg



Get Another **FREE GIFT** and a Great Discount on Revatrol!

Our **GREAT DISCOUNT** on *Revatrol* gives you a three-month supply for just \$99.95!

The *Next Generation of Super Nutrients* reveals the latest and greatest natural breakthroughs – those that are just emerging from cutting-edge scientific studies and top medical journals from all over the world. You'll discover:

■ **HOW TO POWER UP YOUR VITAMINS WITHOUT SWITCHING BRANDS.** Just add the “universal power antioxidant,” that not only neutralizes free-radicals but it also boosts the power of vitamin C, vitamin E, and CoEnzyme Q10!

■ **The “SMART NUTRI-ENT”** doctors are hailing as the most natural and effective way to support your brain for **MENTAL CLARITY** and **LESS FORGETFULNESS**.

■ The **NEW JOINT NUTRI-ENT** that works better than chondroitin! This plant-based fatty acid promotes joint repair and improves joint function. Even more cartilage-building power when taken with glucosamine!

■ **ENERGIZE YOUR HEART** with this all-natural energy fuel for increased stamina and immunity.

■ The vital **ADRENAL GLAND HORMONE** THAT HELPS YOU MANAGE **STRESS**, memory and other mental activities. Take this

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natural substitute and boost your immunity and muscle mass, too!

■ Long term studies show that people who eat a diet rich in this type of carotenoid have a **BETTER LONG-TERM HEALTH PROFILE** than those who don't. Hint: It's delicious with pasta!

■ Two delicious exotic fruits **EASE DIGESTIVE DISCOMFORT FAST**. Take in supplement form... and enjoy these luscious treats after meals!

■ The seeds of this sweet fruit **STRENGTHEN BLOOD VESSELS** for greater cardiovascular health.

■ Two berries that **IMPROVE NIGHT VISION, REDUCE EYESTRAIN**. You probably already know about bilberry... but this other berry actually relieves tired, dry, blurry eyes! Take in this combo in these amounts.

■ **BUILD BONE** with more than just calcium. This safe new bio-flavonoid is proven to stimulate bone formation and bone mineral density.



YOUR FREE GIFT #1

YOUR FREE GIFT #2

A three-month supply includes:

- ✓ Three boxes of *Revatrol* caplets (a three-month supply)
- ✓ **PLUS FREE GIFT #1:** *The Magic of Red Wine* (valued at \$6.95)
- ✓ **FREE GIFT #2:** *The Next Generation of SuperNutrients* (valued at \$6.95)

Turn the page to **save even more** and get more **FREE GIFTS**

Call Toll-Free 1-866-482-6678

Get the Lowest Price Possible Red Wine Extract Formula

Our **VERY BEST DISCOUNT** on *Revatrol* gives you a six-month supply for just

Here are 48 ways to look great and keep your youthful energy and enthusiasm! These all-natural secrets are simple and easy to do—some are as trouble-free as taking a pill! You'll learn all kinds of ways to keep your skin tight and glowing, your mind free and clear and your body working like a well-oiled machine. Just look at what's in store for you in *48 Ways to Look and Feel Younger Naturally*:

■ Four perfectly safe, ephedra-free weight loss nutrients that **WORK WONDERS TO DROP UNWANTED POUNDS**. No stimulants... yet you feel energy and vigor when you're on them!

■ The easy way to renew and strengthen your **LIVER** to stop premature aging—take this simple

natural herb used for centuries in Europe to detoxify this critical organ.

■ **BEST NATURAL FIBER SOURCE...** *without drinking messy, chalky drinks!* Just sprinkle these seeds on your salads or mix in yogurt, pudding or even ice cream!

■ Get more **SEXUAL AROUSAL, ENERGY AND STAYING POWER...** with these three natural male potency nutrients. Forget Viagra, these really work!

■ This carotenoid from the marigold flower actually feeds the arteries of your eyes for **BETTER VISION!** Works to reduce unwanted cholesterol oxidation and promotes arterial health, too.

■ The **DELICIOUS DRINK THAT SPARKS**

YOUR ENERGY and SOOTHES DIGESTION.

Just one cup a day for great antioxidant protection, too!

■ Once ridiculed as “snake oil” by doctors, this vitamin is the most important antioxidant you can take for a **HEALTHY HEART**. But... you must take it in this form!

■ Get **GORGEOUS, GLOWING SKIN** with this green superfood. The Japanese take it daily to clear out toxins that make you age faster than you really are.

■ Nuts for snacks... too fattening, right? *Wrong!* Enjoy **YUMMY NUTS AND SEEDS AS HEALTHY FATS**, but make sure they're not cooked this way or you invite unhealthy trans fats into your body!

Frequently Asked Questions about

Q: Is red wine extract a drink?

A: No, it is a potent ingredient that is extracted carefully from the skin of grapes. Scientists carefully process it in a laboratory setting to preserve this precious nutrient in a caplet. With *Revatrol*, you just take ONE CAPLET a day and you get the same amount of resveratrol—the powerful antioxidant found in red wine—that's found in 50 bottles of red wine! It's a much simpler and healthier way to get a more advanced antioxidant complex that protects your brain, heart, immunity and more!

Q: Can I just drink more red wine to get resveratrol?

A: Although red wine is one of life's great pleasures, drinking more of it means a load of extra sugars, calories, and carbs... not to

mention the unpleasant side effects of alcohol. Taking a red wine extract supplement made from high quality grapes like *Revatrol*, is the safest and easiest way to get high amounts of resveratrol. *Revatrol* has the highest OPC ratings of any red wine extract formula I know of—a hefty 95 percent! It's nearest competitor has only 15 percent! There really is no comparison!

Q: Does *Revatrol* contain any alcohol or sugars?

A: Absolutely no alcohol or sugars are in this formula.

Q: How do I know if *Revatrol* is for me?

A: This formula is for you—especially if you're over age 50—if you're worried about aging too quickly and want more...

on the *Most Advanced* Available!

\$179.95! That's a savings of \$149.75—that's 45% off!

Lowest Price Possible!

■ **THE FAT THAT SIPHONS VITAMIN E OUT OF YOUR BODY.** This fat is in a lot of the foods you eat, but you must avoid it at all costs!

■ Add this tasty spice to your foods for a **HEALTHY HDL-to-LDL CHOLESTEROL BALANCE.** You'll love it on bread, in spaghetti sauce and marinades. Try rubbing it on your wooden salad bowl for a really fresh from the garden salad taste!

■ This antioxidant found in citrus fruit and peppers **STOPS YOUR JOINTS FROM BREAKING DOWN.** Also helps speed other joint soothing nutrients right where it hurts.

■ Just for Men: **PROTECT YOUR PROSTATE** with these two powerful herbs—saw palmetto is one of them, learn the other that works in tandem in this Special Report.



YOUR FREE GIFT #1

YOUR FREE GIFT #2

YOUR FREE GIFT #3

A six-month supply includes:

- ✓ Six boxes of *Revatrol* caplets
- ✓ **FREE GIFT #1:** *The Magic of Red Wine* (valued at \$6.95)
- ✓ **FREE GIFT #2:** *The Next Generation of SuperNutrients* (valued at \$6.95)
- ✓ **FREE GIFT #3:** *48 Ways to Look and Feel Younger Naturally* (valued at \$6.95)

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Revatrol

- ✓ Blood pressure support
- ✓ Heart protection
- ✓ Healthy eye support
- ✓ Brain boosting power
- ✓ Guard against stroke
- ✓ Memory protection
- ✓ Normal cholesterol levels
- ✓ Circulation support
- ✓ Protection against toxins
- ✓ Wrinkle protection
- ✓ Free radical fighting power

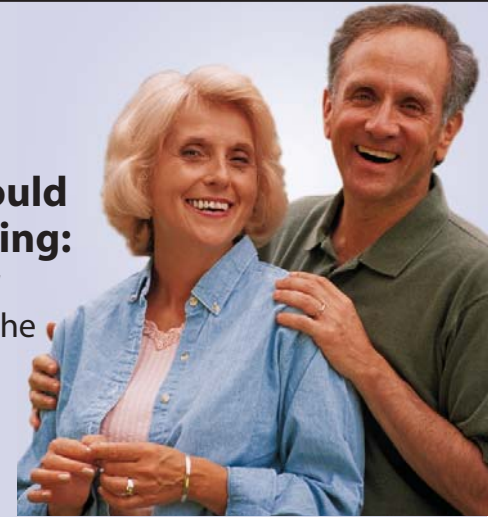
Of course, the only way to know is to give it a try. You can get *Revatrol* absolutely risk free with a 100 percent money-back guarantee—just return it if you don't think it works for you. Just call 1-866-482-6678 or turn to page 19 now to get the best price per box.

Call Toll-Free 1-866-482-6678

IMPORTANT HEALTH TIP!

You and your spouse should BOTH take it every morning:

A lot of my patients on *Revatrol* want their spouses to get all of the red wine extract benefits, too. Call and ask about our special Marriage Package deal. **Toll-Free 866-482-6678.**



Turn the page NOW to reserve your FREE GIFTS and GET YOUR FREE SHIPPING AND HANDLING...

**Don't Forget
FREE Gift #4...**

**Hurry...
It's FREE
for the
Next 7
Days Only!**

Place any order for *Revatrol* in the next seven days and you'll pay *nothing* for shipping and handling. That's an extra savings of \$5.95! This is your extra bonus for acting promptly, so please don't wait! Call 1-866-482-6678 now!

***I promise... there's
absolutely no risk***

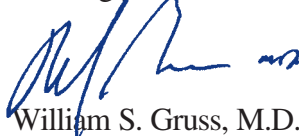
***Revatrol 100%
LIFETIME
money-back
guarantee***

Be assured there's no risk involved when you try *Revatrol*. I want to make sure you are completely satisfied, so let me make these three promises to you:

- 1.** With *Revatrol* you'll get the finest quality red wine extract with the highest OPC rating available. You can be sure that what we print on our label is what your body receives!
- 2.** If for any reason—at any time—you are unhappy with *Revatrol*, simply return the unused portion to us and we'll send you a full refund for the purchase price of the product. No questions asked.
- 3.** Even if you return your *Revatrol*, please keep all of the free gifts you've received as a thank you for giving it a try.

I've asked Renaissance Health to offer this unconditional guarantee to you because I'm confident that if you give *Revatrol* a try, you'll have no need to return it! See for yourself by ordering your supply of *Revatrol* today. It really works!

Wishing you the best of health,


William S. Gruss, M.D.

Order the Easy Way!



1. By Mail:

Fill out this easy order form. There's no need to fill in your name and address because it's already on the back of the order form. Just make any correction necessary, fold this and mail it using the postage-paid envelope inside page 10 to:

Renaissance Health
925 S. Federal Highway
Suite 500
Boca Raton, FL 33432

2. By Phone:

For fastest service, call toll-free
1-866-482-6678 or
1-561-750-1418!



3. By Internet:

Go to www.revatrol.com/order4/RH1407



Revatrol Discount Savings Certificate

YES! I want the French secret to living longer and healthier! Please send me the *Revatrol* quantity I've indicated below. If I am unsatisfied with *Revatrol* for any reason, I will return the unused portion and receive a full and prompt 100 percent refund and all of the FREE GIFTS are still mine to keep!

SAVE \$149.75

Very Best Discount: A six-month supply of *Revatrol* (six boxes) and ALL THREE of my FREE Special Reports for just **\$179.95** (reg. \$329.70) plus \$5.99 S&H—or if I order within 7 days, I'll get FREE shipping & handling and pay only \$179.95! **That's a savings of \$149.75!**



SAVE \$64.90 (Recommended for Best Results!)

Great Discount: A three-month supply of *Revatrol* (three boxes) and TWO FREE Special Reports for just **\$99.95** (reg. \$164.85) plus \$5.99 S&H—or if I order within 7 days, I'll get FREE shipping & handling and pay only \$99.95! **That's a savings of \$64.90!**



Good Discount: A one-month supply of *Revatrol* (one box) and ONE FREE Special Report for just **\$39.95** (reg. \$54.95) plus \$5.99 S&H—or if I order within 7 days, I'll get FREE shipping & handling and pay only \$39.95!



FREE SHIPPING & HANDLING

on any order if you order within 7 days!

Save an extra \$5.99 per order. Total prices with Free S&H are:

6-months=\$179.95
3-months=\$99.95
1-month=\$39.95

I want FREE SHIPPING & HANDLING... so I'm responding within 7 days!

METHOD OF PAYMENT:

My check is enclosed for U.S. \$ _____ (Payable to Renaissance Health)

Please charge my:



Card #: _____ Expires: ____/____ Amount \$ _____

Signature: _____ Phone #: (____) _____
(Optional, in case we have a question about your order)

E-mail address: _____

There's no need to write your name and address. Just check the label on the back cover and make any corrections if necessary. Thank you!

**For fastest delivery,
call toll-free
1-866-482-6678**



Return with payment in the enclosed postage-paid envelope to:
Renaissance Health • 925 S. Federal Highway, Suite 500 • Boca Raton, FL 33432

How French Women Stay So Slim and French Men Avoid Heart Problems...

Even Though They Eat High Fat, Cholesterol-Packed Foods Every Day!

Studies from top researchers at Harvard Medical, Johns Hopkins, and UC Davis report that a potent molecule discovered in red wine (NAMED INSIDE) actually *sweeps extra fats out of your digestive tract* to avoid serious consequences of a high-fat, calorie-packed diet. Doctors now believe that this is what allows the French the freedom to eat foods that are normally considered “bad foods” in this country.

Now you can eat just for the pure pleasure of it!

This one caplet gives you the astonishing power of red wine extract found in 50 bottles of red wine—without the calories or alcohol!

This French health secret is guaranteed to help you live a longer, healthier and happier life, especially if you're worried about:

- Maintaining healthy cholesterol levels
- Keeping blood pressure healthy
- Boosting poor circulation
- Preserving your brain and memory
- Protecting your heart
- Fortifying your immunity
- Keeping your arteries clear
- Promoting good homocys-
- teine levels
- Preserving firm, vibrant skin
- Increasing your energy
- Stamping out colds and flu
- And many more of your worst health worries!



PLUS:

See inside on page 3 why this important medical breakthrough is

✓ **20 TIMES MORE POWERFUL than vitamin C, and...**

✓ **50 TIMES MORE POWERFUL than vitamin E!**

RH11407A

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